



THICK-N INSTANT

Liquid

THICKENING CONCENTRATE
for the management of dysphagia



Precise Thick-N INSTANT is the GOLD standard
for thickening beverages for people with dysphagia.

This innovative product has been welcomed by the industry
as it meets the need for a convenient and accurate way to thicken
beverages to precise and predetermined viscosities.

FEATURES	BENEFITS
ACCURATE	• Precision pump delivers the exact volume needed
SIMPLE	• Easy mix – liquid disperses easily • Sachet – easy tear, squeeze and mix
QUICK	• Develops viscosity within 30 seconds
SAFE	• Hygienic seal on pump nozzle
STABLE	• Viscosity is stable for 24 hours • Freeze/thaw stable
VERSATILE	• Thickens a wide range of beverages, supplements and laxatives
OTHER BENEFITS	• Neutral flavour, gluten free, lactose free, nut free and suitable for people with diabetes • Suitable for use with IDDSI framework



SCAN HERE FOR FREE ONLINE TRAINING

or visit our website: elearning.precisethickn.com.au

On successful completion of training, you will be
provided with a Certificate of Completion.

LEVEL 1 SLIGHTLY THICK 1 PUMP SACHET	LEVEL 2 MILDLY THICK 1 PUMP SACHET	LEVEL 3 MODERATELY THICK 2 PUMPS SACHETS	LEVEL 4 EXTREMELY THICK 4 PUMPS SACHETS
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precision standard



- For making individual serves of thickened fluids.
- Ideal for drink and medication trolleys or home use.
- Aqua colour coded pump.
- Sachet pack available.



- For making larger quantities of thickened fluids.
- Ideal for drinks prepared in advance in the kitchen.
- Orange colour coded pump.



STORAGE & SHELF LIFE INSTRUCTIONS:

- 12 months product shelf life. Once, prepared, drinks should be covered and refrigerated in between serving and handled / stored according to your food safety protocols. As a general guide, Precise recommends the '2-hour / 4-hour rule' (2-hour/4-hour rule for businesses). Discard any leftover drinks after 24 hours. Keep chilled between use. Please refer to mixing guides for beverage specific recommendations, i.e. milk, alcohol, supplements, medications.
- Storage in a cool, dry environment at ambient temperature (18-22°C).

INGREDIENTS: Water, Soluble Plant Polysaccharides, Thickeners (E415, E418, E440, E412), Food Acids (E575, E330, E331), Preservative (E202), Firming Agent (E509).



PRODUCT	ITEM CODE	PACK SIZE/CTN
SINGLE SERVE 3L	57608	(3L bottle + pump) x 2
BULK SERVE 3L	57604	(3L bottle + pump) x 2
SINGLE SERVE 500mL	57656	(500mL bottle + pump) x 10
SINGLE SERVE SACHET 4.7mL	57680	(4.7mL x 100) x 6 boxes

NUTRITION INFORMATION				
		Average Quantity Per 4.6mL Serve SINGLE SERVE	Average Quantity Per 32mL Serve BULK SERVE	Average Quantity Per 100mL
Energy		9 kJ / 2 kcal	66 kJ / 16 kcal	205 kJ / 49 kcal
Protein	- total	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g
	- gluten	Not Detected	Not Detected	Not Detected
Fat	- total	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g
	- saturated	Less than 0.01 g	Less than 0.01 g	Less than 0.01 g
Carbohydrate	- total	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g
	- sugars	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g
	- lactose	Not Detected	Not Detected	Not Detected
	- galactose	Not Detected	Not Detected	Not Detected
Dietary Fibre		1.1 g	7.4 g	23.0 g
Sodium		5 mg	34 mg	107 mg

NUMBER OF SERVES	SINGLE SERVE SACHET BOX	SINGLE SERVE 500mL	SINGLE SERVE 3L	BULK SERVE 3L
LEVEL 1 – SLIGHTLY THICK	100	108	650	686
LEVEL 2 – MILDLY THICK	100	108	650	686
LEVEL 3 – MODERATELY THICK	50	54	325	358
LEVEL 4 – EXTREMELY THICK	25	27	163	194

IMPORTANT NOTICE:

FOR USE IN CHILDREN 3+ YEARS WHO WERE NOT BORN PREMATURELY OR HAD ANY HISTORY OF GI ISSUES. THIS IS A LABEL RECOMMENDATION ONLY AND IS NOT INTENDED AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE, WHICH SHOULD BE SORT ON A CASE-BY-CASE BASIS. FOR THE DIETARY MANAGEMENT OF DYSPHAGIA. FOR ORAL CONSUMPTION ONLY. PRODUCT TO BE USED UNDER MEDICAL SUPERVISION. NOT A SOLE SOURCE OF NUTRITION. CERTIFIED AUSTRALIAN INNOVATION PATENT NUMBER 2020104240.