



PRODUCT BROCHURE

2024





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The Precise brand is owned by Trisco Foods an Australian company owned and managed by the Tristram family.

We have been manufacturing food and beverage products in Queensland since 1875.

We saw the opportunity to develop a product that meets the needs of people diagnosed with dysphagia by giving precise control over the consistency of prepared thickened drinks, whilst being quick, easy, stress-free and economical.

This led to the development of 'Precise Thick-N INSTANT' a liquid thickening concentrate to help those with dysphagia consume their favourite drinks.

CERTIFICATIONS



LEVEL 1 SLIGHTLY THICK 1 PUMP	LEVEL 2 MILDLY THICK 1 PUMP	LEVEL 3 MODERATELY THICK 2 PUMPS	LEVEL 4 EXTREMELY THICK 4 PUMPS
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*Not all Precise products are Halal and Kosher certified.

THICK-N INSTANT

Liquid

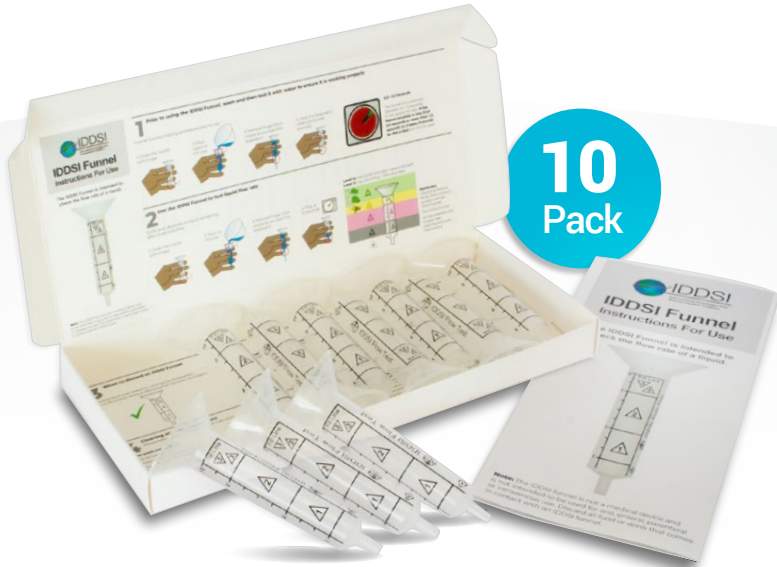
THICKENING CONCENTRATE
for the management of dysphagia



Precise Thick-N INSTANT is the GOLD standard for thickening beverages for people living with dysphagia.

This innovative product has been welcomed by the industry as it meets the need for a convenient and accurate way to thicken beverages to precise and predetermined viscosities.

PROUD SUPPORTER OF



IDDSI FUNNEL PACKS NOW AVAILABLE ONLINE

order at store.precisethickn.com.au



Shop Now

SINGLE SERVE

GLUTEN
FREELACTOSE
FREEHALAL &
KOSHER
CERTIFIED

- For making individual serves of thickened fluids.
- Ideal for drink and medication trolleys or home use.
- Aqua colour coded pump.
- Sachet pack available.

Scan here
for mixing
guidelines
and more
information



Information is for 3L and 500mL Bottles

NUTRITION INFORMATION			
		Average Quantity Per 4.6mL Serve*	Average Quantity Per 100mL
Energy		9 kJ	205 kJ
Protein	- total	Less than 1g	Less than 1g
	- gluten	Not Detected	Not Detected
Fat	- total	Less than 1g	Less than 1g
	- saturated	Less than 0.01g	Less than 0.01g
Carbohydrate	- total	Less than 1g	Less than 1g
	- sugars	Less than 1g	Less than 1g
	- lactose	Not Detected	Not Detected
	- galactose	Not Detected	Not Detected
Dietary Fibre		1.1g	23.0g
Sodium		5 mg	107 mg

STORAGE & SHELF LIFE INSTRUCTIONS:

- Storage in a cool, dry environment at ambient temperature (18-22°C). Do not store in the refrigerator or in direct sunlight.
- Product is stable for up to 12 months from date of manufacture.
- When stored as recommended, the product will have a shelf life of 12 months. Once opened, drinks should be handled and stored according to your sites' food safety protocols. Precise recommends the use of the '2 hour / 4 hour rule' for serving vulnerable persons, refrigeration between serving, and discarding any leftover product after 24 hours.

INGREDIENTS:

Water, Soluble Plant Polysaccharides, Thickeners (E415, E418, E440, E412), Acidity regulators (E575, E330, E331), Preservative (E202), Firming Agent (E509).



BULK SERVE

GLUTEN
FREELACTOSE
FREEHALAL &
KOSHER
CERTIFIED

- For making larger quantities of thickened fluids such as water or juice.
- Ideal for drinks prepared in advance in the kitchen.
- Orange colour coded pump.

Scan here
for mixing
guidelines
and more
information



NUTRITION INFORMATION

		Average Quantity Per 32mL Serve	Average Quantity Per 100mL
Energy		66 kJ	205 kJ
Protein	- total	Less than 1 g	Less than 1g
	- gluten	Not Detected	Not Detected
Fat	- total	Less than 1g	Less than 1 g
	- saturated	Less than 0.01 g	Less than 0,01g
Carbohydrate	- total	Less than 1 g	Less than 1 g
	- sugars	Less than 1 g	Less than 1 g
	- lactose	Not Detected	Not Detected
	- galactose	Not Detected	Not Detected
Dietary Fibre		7.4 g	23.0g
Sodium		34 mg	107 mg

STORAGE & SHELF LIFE INSTRUCTIONS:

- Storage in a cool, dry environment at ambient temperature (18-22°C). Do not store in the refrigerator or in direct sunlight.
- Product is stable for up to 12 months from date of manufacture.
- When stored as recommended, the product will have a shelf life of 12 months. Once opened, drinks should be handled and stored according to your sites' food safety protocols. Precise recommends the use of the '2 hour / 4 hour rule' for serving vulnerable persons, refrigeration between serving, and discarding any leftover product after 24 hours.

INGREDIENTS:

Water, Soluble plant polysaccharides, Thickeners (E415, E418, E440, E412), Acidity regulators (E575, E330, E331), Preservative (E202), Firming agent (E509),



THICKENED Water

Available in



GLUTEN FREE

LACTOSE FREE

ENERGY #
23kJ
Per Serve



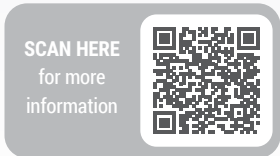
FLAVOURS Water Crisp Apple Lemon Lime

Information is for Water L2

NUTRITION INFORMATION			
		Average Quantity Per 185mL Serve	Average Quantity Per 100mL
Energy		23 kJ	12 kJ
Protein	- total	Less than 1g	Less than 1g
	- gluten	Not Detected	Not Detected
Fat	- total	Less than 1g	Less than 1g
	- saturated	Less than 0.1g	Less than 0.1g
Carbohydrate	- total	0.9g	0.5g
	- sugars	0.7g	0.4g
	- lactose	0.0g	0.0g
	- galactose	0.0g	0.0g
Dietary Fibre		0.9g	0.5g
Sodium		70 mg	38 mg
Moisture		183g	99g

INGREDIENTS:

Water, Thickener (E415), Sugar, Acidity regulator (E514), Preservative (E202).



THICKENED Juice

Available in



GLUTEN FREE

HALAL & KOSHER CERTIFIED

ENERGY #
422kJ
Per Serve



FLAVOURS Pear Orange Apple & Raspberry

* Pear Juice only available in L2 and L3

Information is for Pear Juice L2

NUTRITION INFORMATION			
		Average Quantity Per 185mL Serve	Average Quantity Per 100mL
Energy		422 kJ	228 kJ
Protein	- total	Less than 1 g	Less than 1 g
	- gluten	Not Detected	Not Detected
Fat	- total	Less than 1 g	Less than 1 g
	- saturated	Less than 0.1 g	Less than 0.1 g
Carbohydrate	- total	21.3 g	11.5 g
	- sugars	18.1 g	9.8 g
	- lactose	0.0 g	0.0 g
	- galactose	0.0 g	0.0 g
Dietary Fibre		4.8 g	2.6 g
Sodium		30 mg	16 mg
Moisture		168 g	91 g

INGREDIENTS:

Reconstituted pear juice (98%), Fibre (inulin), Thickener (E415), Acidity regulator (E330), Preservative (E202).



SCAN HERE for more information

THICKENED Cordial

Available in



GLUTEN FREE

HALAL & KOSHER CERTIFIED

ENERGY #
387kJ
Per Serve



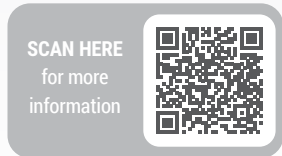
FLAVOURS Lime Citrus Raspberry

Information is for Lime Cordial L2

NUTRITION INFORMATION			
		Average Quantity Per 185mL Serve	Average Quantity Per 100mL
Energy		387 kJ	209 kJ
Protein	- total	Less than 1 g	Less than 1 g
	- gluten	Not Detected	Not Detected
Fat	- total	Less than 1 g	Less than 1 g
	- saturated	Less than 0.1 g	Less than 0.1 g
Carbohydrate	- total	22.2g	12.0g
	- sugars	21.5g	11.6g
	- lactose	0 g	0 g
	- galactose	0 g	0 g
Dietary Fibre		0.7g	0.4g
Sodium		89 mg	48 mg
Moisture		170g	92g

INGREDIENTS:

Water, Sugar, Thickener (E415), Acidity Regulators (E330, E331), Natural Flavour, Preservative (E202), Colours (E102, E133).



THICKENED

Low Joule Cordial

Available in


**GLUTEN
FREE**
**HALAL &
KOSHER
CERTIFIED**
ENERGY #
24 kJ
 Per Serve

FLAVOURS

Lemon

Raspberry

* Low Joule Lemon Cordial only available in L2 and L3

Information is for Low Joule Raspberry Cordial L2

NUTRITION INFORMATION

	Average Quantity Per 185mL Serve	Average Quantity Per 100mL
Energy	24 kJ	13 kJ
Protein		
- total	Less than 1 g	Less than 1 g
- gluten	Not Detected	Not Detected
Fat		
- total	Less than 1 g	Less than 1 g
- saturated	Less than 0.1 g	Less than 0.1 g
Carbohydrate		
- total	Less than 1 g	Less than 1 g
- sugars	Less than 1 g	Less than 1 g
Dietary Fibre	Less than 1 g	Less than 1 g
Sodium	81 mg	44 mg
Moisture	184 g	99 g

INGREDIENTS:

Water, Natural flavour, Thickener (E415), Acidity regulators (E330, E331), Preservative (E202), Sweeteners (E950, E955), Colour (E122).


SCAN HERE
 for more
 information


THICKENED Tea & Coffee

Available in



GLUTEN
FREE

VEGETARIAN
SUITABLE

ENERGY #
135kJ
Per Serve



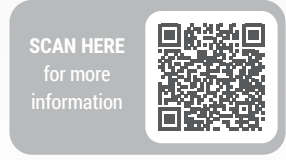
FLAVOURS White Coffee White Tea Black Tea

* White Coffee and Black Tea only available in L2 and L3

Information is for White Coffee L2

NUTRITION INFORMATION			
		Average Quantity Per 175mL Serve	Average Quantity Per 100mL
Energy		142 kJ	81 kJ
Protein	- total	1.3 g	Less than 1.0 g
	- gluten	Not Detected	Not Detected
Fat	- total	1.3g	Less than 1.0g
	- saturated	Less than 0.1g	Less than 0.1g
Carbohydrate	- total	3.7 g	2.1 g
	- sugars	2.6 g	1.5 g
	- lactose	1.6 g	0.9 g
Dietary Fibre		1.2 g	Less than 1.0 g
Sodium		117 mg	67 mg
Moisture		170 g	97 g

INGREDIENTS:
Water, **Whole milk powder** (2.5%), Coffee concentrate (1%), Thickener (E415), Sugar, Natural flavour, Acidity regulator (E339).
Contains: Milk



THICKENED Creamy

Available in



GLUTEN
FREE

PROTEIN

7.5g
Per Serve

ENERGY #

795kJ
Per Serve



FLAVOURS

Dairy

Chocolate

Information is for Creamy Dairy L2

NUTRITION INFORMATION			
		Average Quantity Per 175mL Serve	Average Quantity Per 100mL
Energy		795 kJ	454 kJ
Protein	- total	7.5 g	4.3 g
	- gluten	Not Detected	Not Detected
Fat	- total	9.1 g	5.2 g
	- saturated	2.9 g	1.7 g
Carbohydrate	- total	19.1 g	10.9 g
	- sugars	15.6 g	8.9 g
	- lactose	6.2 g	3.6 g
Dietary Fibre		Less than 1g	Less than 1 g
Sodium		136 mg	74 mg
Moisture		147 g	84 g

INGREDIENTS:

Water, Whole **milk** powder (9%), Sugar, **Milk** solids (4%), Maltodextrin, Thickeners (E415, E1442), Colour (E171), Acidity regulators (E341, E331), Emulsifier (E471), Stabiliser (E407).

Contains: Milk



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for more
information



THICKENED

High Energy High Protein

Available in


**GLUTEN
FREE**
PROTEIN
15g

Per Serve

ENERGY #
1241kJ

Per Serve


FLAVOURS

Tropical

Butterscotch

Information is for HEHP Tropical L2

TROPICAL INGREDIENTS:

Water, Maltodextrin, Sugar, Hydrolysed collagen, Dietary fibre (Inulin), Acidity regulators (E514ii, E330, E331), Vitamins and Minerals premix (Magnesium Sulphate, Vitamin C, Zinc sulphate, Ferric pyrophosphate, Vitamin E, Vitamin B3, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin A, Folate, Vitamin D3), Flavours, Thickener (E415), Preservative (E202).


BUTTERSCOTCH INGREDIENTS:

Water, **Milk** solids, Maltodextrin, Sugar, Fibre (inulin), Acidity regulators (E339, E341), Caramelised sugar, Thickeners (E1442, E415), Flavours, Emulsifier (E471), Magnesium citrate, Colour (E171), Salt, Stabiliser (E407).

Contains: Milk.


TROPICAL L2		Serving size: 185mL	
Nutrient	Unit	Per serve (185mL)	Per 100 g
Macronutrient Profile			
Energy	kJ	1241	671
Protein, total	g	15.7	8.5
gluten	mg	not detected	not detected
Fat, Total	g	Less than 1.0	Less than 1.0
Saturated	g	Less than 0.1	Less than 0.1
Carbohydrate, total	g	55.9	30.2
Sugars	g	24.4	13.2
lactose	g	0.0	0.0
Dietary Fibre	g	2.4	1.3
Sodium	mg	422	228
Moisture	g	137	74
Vitamin & Mineral Profile			
Magnesium	mg	64 (20% RDI*)	34.6
Zinc	mg	3.0 (25% RDI*)	1.62
Potassium	mg	56	30
Phosphorus	mg	74	40
Calcium	mg	57	31
Vitamin A	µg	214	116
Vitamin B1	mg	0.3	0.2
Vitamin B2	mg	0.4	0.2
Vitamin B6	mg	0.3	0.2
Vitamin C	mg	21.7	11.7
Vitamin D3	µg	3.6	2.0
Vitamin E	mg	2.4	1.3
Folate	µg	64.5	34.9
Vitamin B3	mg	1.3	0.7
Iron	mg	1.6	0.9

BUTTERSCOTCH L2		Serving size: 175mL	
Nutrient	Unit	Per serve (175mL)	Per 100 g
Macronutrient Profile			
Energy	kJ	1255	717
Protein, total	g	15.0	8.6
gluten	mg	not detected	Not detected
Fat, Total	g	8.9	5.1
Saturated	g	6.0	3.4
Carbohydrate, total	g	38.0	21.7
Sugars	g	14.5	8.3
lactose	g	0.01	0.01
Dietary Fibre	g	2.1	1.2
Sodium	mg	380	217
Moisture	g	130	74
Vitamin & Mineral Profile			
Calcium	mg	161 (20% RDI*)	92
Magnesium	mg	56	32
Potassium	mg	96	55
Phosphorus	mg	350	200
Iron	mg	0.2	0.1

Tablet Ease

Available in



GLUTEN
FREE

DAIRY
FREE

SUGAR
FREE

Easy to
Swallow

Pleasant
Crisp Apple
Flavour!



Take it easy!

Introducing a new & improved medication lubricant
that aids in swallowing tablets with ease!

it's as easy as 1, 2, 3!



1

Place the recommended
dosage of medication
on a spoon.



2

Add 1 pump (5mL) of
Precise Tablet Ease.
Ensure medication is
well covered.



3

Take your
medication and
swallow with ease!

INGREDIENTS:

Water, Carrageenan (E407), Flavours, Calcium chloride (E509), Sodium Citrate (E331), Malic acid (E296), Potassium sorbate (E202), Acesulfame potassium (E950), Sucralose (E955), Colours (E102, E133).

STORAGE & SHELF LIFE INSTRUCTIONS:

- Store between 4- 25°C. Do not freeze.
- 12 month shelf life. After opening store in the original closed packaging. Use within 3 months of opening.



To find out more visit our website tabletease.com.au

THIN Juice

Available in



HIGH IN
FIBRE

GLUTEN
FREE

ENERGY
418 kJ
Per Serve



FLAVOURS

Pear

NUTRITION INFORMATION

	Average Quantity Per 185mL Serve	Average Quantity Per 100mL
Energy	418 kJ	226 kJ
Protein	- total Less than 1.0 g	Less than 1.0 g
	- gluten Not Detected	Not Detected
Fat	- total Less than 1.0 g	Less than 1.0 g
	- saturated Less than 0.1 g	Less than 0.1 g
Carbohydrate	- total 21.3 g	11.5 g
	- sugars 17.9 g	9.7 g
	- lactose Not Detected	Not Detected
	Dietary Fibre 4.4 g	2.4 g
Sodium	21 mg	11mg

INGREDIENTS:

Reconstituted pear juice (98%), Fibre (Inulin), Thickener (E415), Acidity regulator (E330), Preservative (E202).



SCAN HERE
for more
information



Dysphagia Suitable

Jelly

Available in

L4

GLUTEN
FREEHIGH
PROTEIN

ENERGY

508kJ
Per Serve

FLAVOURS

Mango

NUTRITION INFORMATION

	Average Quantity Per 125g Serve	Average Quantity Per 100g
Energy	508kJ	406kJ
Protein	- total 10.0g	8.0g
	- gluten Not detected	Not detected
Fat	- total Less than 1g	Less than 1g
	- saturated Less than 0.1g	Less than 0.1g
Carbohydrate	- total 19.2g	15.4g
	- sugars 16.6g	13.3g
	- lactose 0.02g	0.02g
Dietary Fibre	1.3g	1.0g
Sodium	91mg	73mg
Moisture	94 g	75 g

INGREDIENTS:

Water, Sugar, Hydrolysed collagen, Thickener (E415), Whey protein isolate (Milk), Acidity regulator (E330), Gelling agent (E407), Gelling salt (E508), Natural flavour, Preservative (E202), Colours, (E102, E110). **Contains: Milk**



SCAN HERE
for more
information



No Melt Ice Cream

HALAL &
KOSHER
CERTIFIED

GLUTEN
FREE

ENERGY #
1472kJ
Per Serve



FLAVOURS

Vanilla

Chocolate

Information is for Vanilla

NUTRITION INFORMATION			
		Average Quantity Per 120g Serve	Average Quantity Per 100g
Energy		1472 kJ	1226kJ
Protein	- total	2.7g	2.3g
	- gluten	Not Detected	Not Detected
Fat	- total	24.5g	20.4g
	- saturated	14.3g	11.9g
Carbohydrate	- total	30.1g	25.1g
	- sugars	28.3g	23.6g
	- lactose	4.1g	3.4g
Dietary Fibre		0.7g	0.6g
Sodium		66 mg	55 mg
Moisture		61g	51g

INGREDIENTS:

Water, Sugar, Anhydrous **milk** fat (18%), Whole **milk** powder (9%), Thickeners (E1442, E415), Humectant (E422), Colour (E171), Flavour.

Contains: Milk



SCAN HERE
for more
information



Enprocal 10kg
Enprocal 900g

ENERGY
609 kJ
Per Serve

PROTEIN
15 g
Per Serve

CALCIUM
49%*
RDI

ENERGY
PROtein
CALcium

19
vitamins &
minerals

Gluten
Free



Nutritional Supplement for Everyday Healthy Living

900g

25
SERVES



10 kg

285
SERVES



A scientifically formulated high energy, high protein nutritional supplement powder that provides concentrated nutrition. Easily fortify food and make nutritional supplement drinks.

- ✓ Gluten Free
- ✓ Neutral Flavour
- ✓ Low GI =20

Simply whisk, blend or shake 1 level scoop (35g) with 200mL of water, milk or juice.



Scan here for more food first recipes

* Based on Australia New Zealand Food Standards Code – Schedule 1 – RDIs and ESADDIs (<https://www.legislation.gov.au/F2015L00491/latest/text>).

Serving size: 35g				
Nutrient	Unit	Per Serve (35g)	per 100 g	% DI** or RDI [†] per serve
Macronutrient Profile				
Energy	kJ	609	1739	7%
Protein, Total	g	15.0	42.8	30%
Gluten		not detected	not detected	
Glycomacropeptide	g	2.3	6.6	
Alpha Lactalbumin	g	1.0	2.8	
Alpha Lactoglobulin	g	4.5	12.9	
Serum Albumin*	g	0.2	0.6	
Lactoferrin*	g	0.05	0.14	
Immunoglobulin G*	g	0.2	0.6	
Fat, Total	g	4.7	13.3	7%
Saturated	g	1.6	4.5	7%
Trans	g	less than 1.0	less than 1.0	
Polyunsaturated	g	less than 1.0	1.0	
Monounsaturated	g	2.3	6.6	
Carbohydrates	g	9.9	28.3	3%
Sugars	g	9.7	27.6	11%
Dietary Fibre	g	1.5	4.4	5%
Sodium	mg	82.6	236	4%
Vitamin & Mineral Profile				
Vitamin A	ug	191	547	25%
Thiamin (B1)	mg	0.3	0.9	28%
Riboflavin (B2)	mg	0.7	2.0	40%
Niacin (B3)	mg	1.2	3.3	11%
Pantothenic Acid (B5)	ug	0.6	1.7	11%
Pyridoxine (B6)	mg	0.3	0.9	19%
Biotin (B7)	ug	6.0	18	20%
Folate (B9)	mg	64	183	32%
Cyanocobalamin (B12)	ug	2.0	5.8	100%
Vitamin C	mg	21	60	52%
Vitamin D	ug	3.0	8.9	31%
Vitamin E	mg	2.0	5.8	20%
Calcium	mg	395	1130	49%
Iodine	ug	56.5	162	38%
Iron	mg	1.5	4.3	12%
Magnesium	mg	79.1	226	25%
Phosphorus	mg	184	525	18%
Zinc	mg	3.0	8.6	25%
Potassium	mg	327	935	
Amino Acid Profile				
Arginine	mg	436	1245	
Isoleucine	mg	880	2513	
Leucine	mg	1533	4381	
Lysine	mg	1318	3765	
Methionine	mg	338	967	
Phenylalanine	mg	558	1593	
Threonine	mg	924	2639	
Tryptophan	mg	269	769	
Valine	mg	900	2573	

*a sub-group of nutrient. **Percentage daily intakes are based on average adult diet of 8700 kJ. Your daily needs may be higher or lower depending on your energy needs. [†]Recommended Dietary Intake.

INGREDIENTS:

Whey protein concentrate [Whey protein concentrate (**Milk**), Sunflower lecithin], **Milk** solids [**Milk** solids, **Soy** lecithin], Vegetable oil powder [Sunflower oil, Corn syrup solids, Sodium caseinate (**Milk**)], Emulsifier (E471), Flowing agent (E551), Thickener (E451), Vegetable fibre, Vitamins and Minerals (Calcium Carbonate, Magnesium Sulphate, Vitamin C, Zinc Sulphate, Ferric Pyrophosphate, Vitamin E, Vitamin A, Vitamin D, Vitamin B3, Vitamin B2, Vitamin B1, Vitamin B6, Folic Acid), Maltodextrin.

Contains: Milk, Soy.

STORAGE & SHELF LIFE INSTRUCTIONS:

- Store in a cool dry place. Do not store in the refrigerator or in direct sunlight.
- When stored as recommended, the product will have a shelf life of 12 months as indicated by the best before date.
- Once prepared, food or drinks should be handled and stored according to your sites' food safety protocols. Precise recommends the use of the '2 hour / 4 hour rule' for serving vulnerable persons, refrigeration between serving, and discarding any leftover product after 24 hours.



SCAN HERE
for more information



Enprocal Repair

ENERGY
279 kJ
Per Serve

PROTEIN
7.5g
Per Serve

CALCIUM
20%
RDI¹



Nutritional Support During Wound Healing



Enprocal Repair is a nutritional supplement powder fortified with L-Arginine designed to support wound recovery.

Developed from the nutrient-dense food supplement Enprocal, Repair provides an additional source of energy, protein and micronutrients known to be beneficial to wound healing.

- ✓ Fortified with L-Arginine to provide nutritional support during wound healing.
- ✓ Provides energy and protein. Inadequate energy and protein are proven independent risk factors for pressure ulcer progression*.
- ✓ Contains high levels of key micronutrients, including calcium, zinc, vitamins C, D, A, B1, B2, B12 and folate.
- ✓ Gluten Free.



Enprocal Repair can also be easily mixed with water, juices or yoghurt.

Scan here for more recipe ideas!



* Australian Wound Management Association (AWMA). Clinical Practice Guidelines for the prediction and prevention of pressure ulcers. WA: Cambridge Publishing; 2001.

Serving size: 17.5g (1 sachet)

Nutrient	Unit	Per serve (17.5g)	Per 100 g	% DI** or RDI [†] per serve
Macronutrient Profile				
Energy	kJ	279	1592	3%
Protein - total	g	7.5	43.0	15%
Gluten	mg	Not detected	Not detected	
Fat - Total	g	1.6	9.2	2%
- Saturated	g	0.5	3.0	2%
- Trans	g	less than 0.1	less than 1	
- Polyunsaturated	g	less than 1	less than 1	
- Monounsaturated	g	less than 1	4.7	
Carbohydrates, total	g	4.6	26.4	1%
Carbohydrates - Sugars	g	4.5	25.6	5%
Dietary Fibre	g	1.5	8.8	5%
Sodium	mg	51	294	
Vitamin & Mineral Profile				
Vitamin A	ug	95	540	12%
Thiamin (B1)	mg	0.15	0.83	13%
Riboflavin (B2)	mg	0.28	1.6	16%
Niacin (B3)	mg	0.57	3.3	5%
Pantothenic Acid (B5)	ug	201	1150	4%
Pyridoxine (B6)	mg	0.14	0.78	8%
Biotin (B7)	ug	1.8	10	7%
Folate (B9)	ug	29	168	15%
Cyanocobalamin (B12)	ug	0.32	1.85	16%
Vitamin C	mg	10	56	25%
Vitamin D	ug	1.5	8.9	15%
Vitamin E	mg	1.02	5.8	10%
Calcium	mg	159	907	20%
Iodine	ug	11	63	7%
Iron	mg	0.72	4.1	6%
Magnesium	mg	36	204	11%
Phosphorus	mg	366	2092	36%
Zinc	mg	1.6	9.0	13%
Potassium	mg	100	570	
Amino Acid Profile				
Arginine	mg	3089	17651	
Isoleucine	mg	260	1487	
Leucine	mg	438	2503	
Lysine	mg	375	2143	
Methionine	mg	95	541	
Phenylalanine	mg	160	916	
Threonine	mg	272	1554	
Tryptophan	mg	82	471	
Valine	mg	263	1504	

**Percentage daily intakes are based on average adult diet of 8700 kJ. Your daily needs may be higher or lower depending on your energy needs.

[†]Recommended Dietary Intake.

INGREDIENTS:

L-Arginine peptides (L-Arginine, Hydrolysed Whey Protein Isolate (**Milk**)), Instant Skim **Milk** Powder, Whole **Milk** Powder, Vegetable Fibre (Inulin), Fructose, Vegetable Oil Powder (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate (**Milk**), Emulsifiers (E471, E451(i)), Anticaking Agent (E551), Whey Protein Concentrate (Whey Protein Concentrate (**Milk**), **Soy** Lecithin), Vitamin and Mineral Pre-Mix (Maltodextrin, Magnesium Sulphate, Vitamin C, Zinc Sulphate, Ferric Pyrophosphate, Vitamin E, Vitamin A, Vitamin D, Vitamin B3, Vitamin B2, Vitamin B1, Vitamin B6, Folic Acid), Calcium Carbonate, Natural Flavour, Sweeteners (E950, E955).

Contains: Milk, Soy

STORAGE & SHELF LIFE INSTRUCTIONS:

- Store in a cool, dry place away from odours and sunlight.
- When stored as recommended, the product will have a shelf life of 24 months.
- Once prepared, food or drinks should be handled and stored according to your sites' food safety protocols. Precise recommends the use of the '2 hour / 4 hour rule' for serving vulnerable persons, refrigeration between serving, and discarding any leftover product after 24 hours.



Visit the Precise E-learning centre for staff training on the use of Precise Thick-N INSTANT under the IDDSI Framework



Learn how to use Precise Thick-N INSTANT to thicken drinks to IDDSI levels.



Watch video demonstrations on mixing instructions and new Precise Thick-N INSTANT packaging.



Receive a certification of completion, upon successful training.



WE ARE LAUNCHING NEW TRAINING RESOURCES ON THE IDDSI FRAMEWORK

MINCED & MOIST 5	
Name	MINCED & MOIST
Number	5
Colour	ORANGE
Code	MM5

Precise



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IDDSI training resources available at www.IDDSI.org



These are NOT official IDDSI resources, educational materials or education programs and they are NOT meant to replace materials and resources on www.IDDSI.org

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CONTACT US

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