

Fresubin®
Fuel for Strength



Fresubin® THICKENED LEVEL 2

The ready-to-use solution for
safer swallowing

1.5 kcal/ mL oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restrictions or dysphagia



For Healthcare Professionals Only

300
kcal
1.5 kcal/mL

20g
Protein

per bottle (200 mL)



Pre-thickened consistency for
convenient use

Consistency aligns with internationally
standardised terminology, meeting IDDSI
Level 2 (Mildly Thick) requirements¹

High in protein, delivering 20 g per
bottle to support clinical, functional
and nutritional benefits²

With fibre to maintain gut physiology³

* Meets nutrient reference values required⁴

**FRESENIUS
KABI**

Fresubin® THICKENED LEVEL 2

Available in **two** delicious flavours
in 200 mL EasyBottle



Nutritional Information

Average Content		Fresubin Thickened Level 2	
		100 mL	200 mL
Energy value			
		630	1260
		(150)	(300)
Fat (40% Energy)	g	6.7	13.4
of which SFA*	g	0.5	1
of which MUFA**	g	5	10
of which PUFA***	g	1.2	2.4
Carbohydrate (32% Energy)	g	12	24
of which sugars	g	7.3 (6.6 [^])	14.6 (13.2 [^])
of which lactose	g	≤ 0.7	≤ 1.4
Fibre (1% Energy)	g	0.83	1.66
Protein (27% Energy)	g	10	20
Water	mL	79	158
Osmolarity	mosmol/L	430	
Osmolality	mosmol/kg H ₂ O	550	
Minerals and trace elements			
Sodium	mg	52	104
Chloride	mg	80	160
Potassium	mg	140	280
Calcium	mg	200	400
Phosphorus	mg	120	240
Magnesium	mg	27	54
Iron	mg	2.5	5
Zinc	mg	2	4
Copper	µg	375	750
Iodine	µg	37.5	75
Selenium	µg	13.5	27
Manganese	mg	0.5	1
Chromium	µg	12.5	25
Molybdenum	µg	18.8	37.6
Fluoride	mg	0.25	0.5
Vitamins and trace elements			
Vitamin A	µg RE ^o	213	426
of which β-Carotene	µg RE ^o	63	126
Vitamin D ₃	µg	2.5	5
Vitamin E	mg α-TE ^{oo}	3.75	7.50
Vitamin K ₁	µg	21	42
Vitamin C	mg	18.8	37.6
Thiamin (vitamin B ₁)	mg	0.3	0.6
Riboflavin (vitamin B ₂)	mg	0.4	0.8
Vitamin B ₆	mg	0.43	0.86
Niacin	mg NE ^{ooo}	3.2	6.4
Folic acid	µg	62.5	125
Vitamin B ₁₂	µg	0.75	1.5
Pantothenic Acid	mg	1.5	3
Biotin	µg	9.4	18.8
Caloric distribution (kJ%)			
*saturated fatty acids (SFA), **monounsaturated fatty acids (MUFA),			
***polyunsaturated fatty acids (PUFA)			
^o retinol equivalents (RE), ^{oo} alpha-tocopherol equivalents (α-TE)			
^{ooo} niacin equivalents (NE)			
[^] Wild Strawberry			

General information

Food for special medical purposes:

Designed for the dietary management of patients with or at risk of malnutrition, particularly those with dysphagia and/or increased energy and protein needs. A high-energy (1.5 kcal/mL), high-protein oral nutritional supplement with fibre, pre-thickened to IDDSI Level 2 (Mildly Thick).

*IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org

Dosage:

2 - 3 bottles/day for supplementary nutrition, amount and thickened level to be advised by a healthcare professional.

Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

Not for parenteral (I.V.) use!

Instruction for use:

Serve at room temperature. Shake gently. Packaged in a protective atmosphere.

Additional considerations:

Not suitable whenever enteral nutrition is not permitted, such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin THICKENED LEVEL 2.

Flavours

Vanilla, Wild Strawberry

Ingredients

Fresubin THICKENED LEVEL 2 DRINK Vanilla: Water, **milk proteins**, sugar, vegetable oils (high-oleic sunflower oil, rapeseed oil), maltodextrin, inulin, thickeners (E 1442, E 407), potassium citrate, flavouring, emulsifiers (E 471, **soya** lecithins), sodium chloride, vitamin C, magnesium oxide, magnesium citrate, ferric diphosphate, zinc sulphate, manganese chloride, pantothenic acid, vitamin E, niacin, cupric sulphate, riboflavin, vitamin B₆, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B12.

Fresubin THICKENED LEVEL 2 DRINK Wild Strawberry: Water, **milk proteins**, vegetable oils (high-oleic sunflower oil, rapeseed oil), sugar, maltodextrin, inulin, thickeners (E 1442, E 407), flavourings, potassium citrate, beetroot powder, emulsifiers (E 471, **soya** lecithins), sodium chloride, vitamin C, magnesium oxide, magnesium citrate, ferric diphosphate, zinc sulphate, manganese chloride, pantothenic acid, vitamin E, niacin, cupric sulphate, riboflavin, vitamin B₆, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D and vitamin B12.

Allergen Information: Contains milk and soy. Low lactose and gluten free.

References

1. IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org.
2. Cawood AL, Elia M, Stratton RJ: Systematic review and meta-analysis of the effects of high-protein oral nutritional supplements. Ageing Res Rev 2012, 11: 278-296.
3. Lochs H, Allison SP, Meier R, et al. Introductory to the ESPEN Guidelines on Enteral Nutrition: terminology, definitions and general topics. Clin Nutr. 2006;25(2):180-186.
4. National Health and Medical Research Council: Nutrient Reference Values Australia and New Zealand. <https://www.eatforhealth.gov.au/nutrient-reference-values>. Accessed October, 2026.



**FRESENIUS
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