

Medicina ENFit Connection System

Only Tighten the ENFit Syringe and Nasogastric Tube Connections by 1/4 Turn

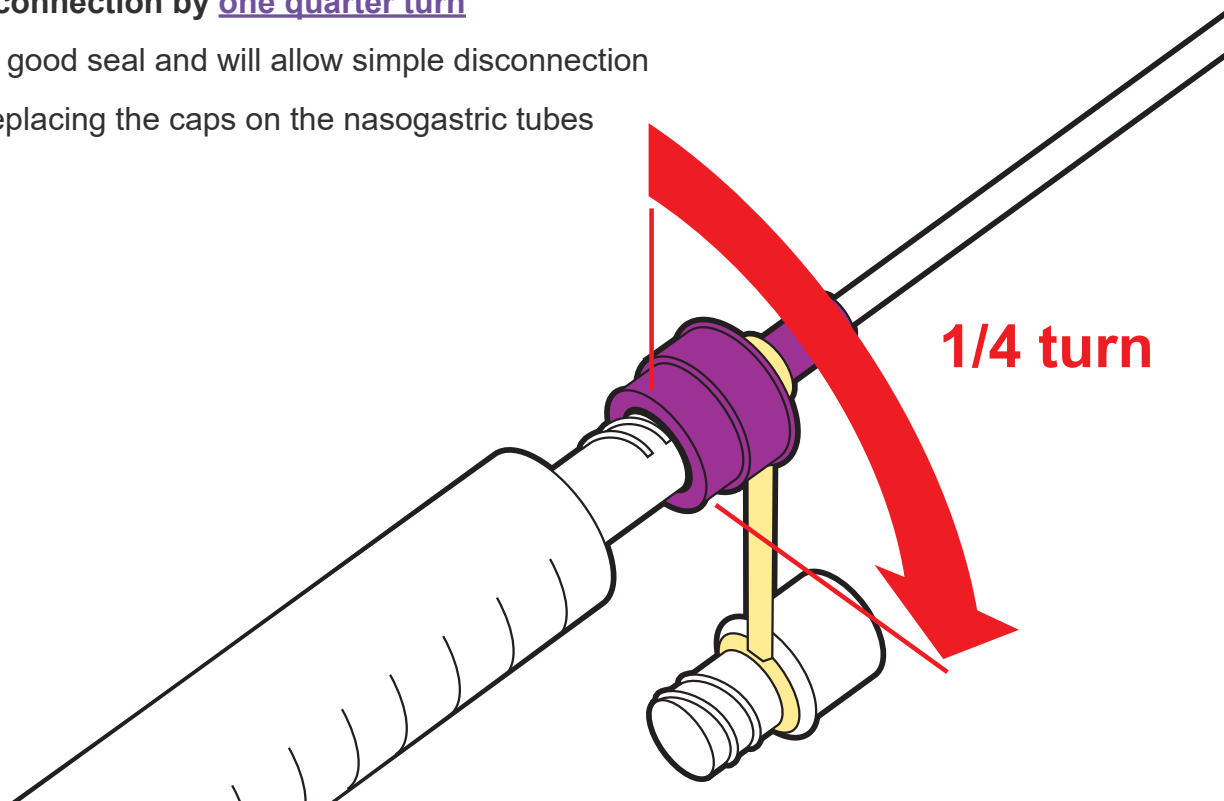
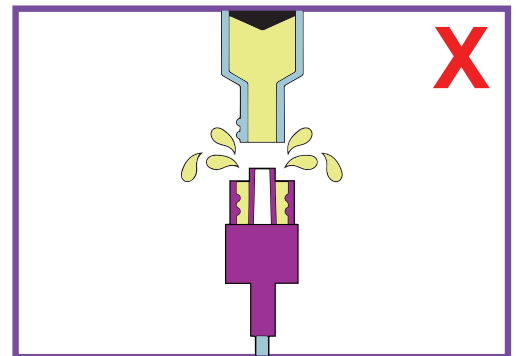
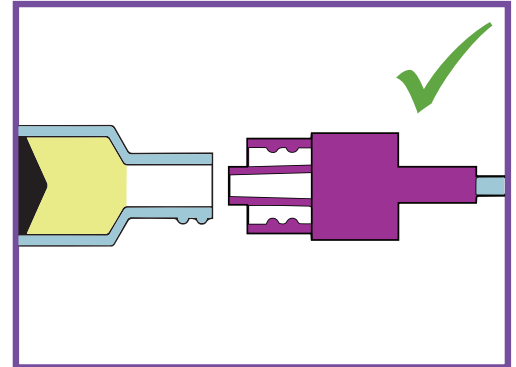
The ENFit System

- The ENFit syringe does not allow connectivity with non-ENFit connectors
- The ENFit syringe provides a secure locking feature that allows the connection to stay in place
- It is important that ENFit syringes are only filled with liquid up to, but not including the connection port as this can clog the connector and lead to loss of fluid. The connector port should be left full of air (this refers to 5-60 mL syringes only)

The ENFit Locking Feature

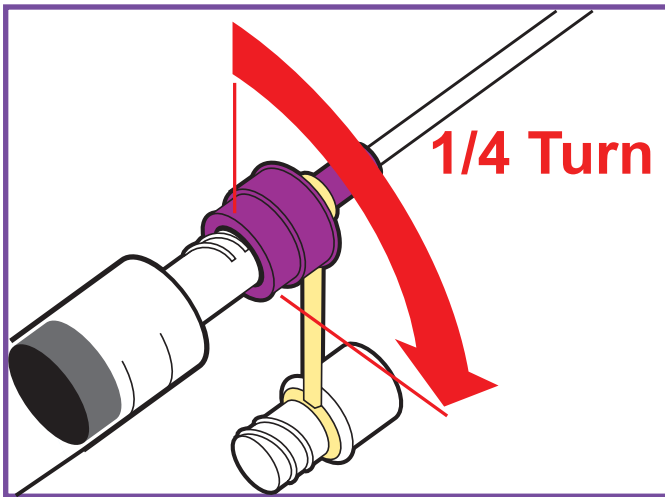
Very important information for hospital and home users:

- When making connections to ENFit, **it is only necessary to tighten the connection by one quarter turn**
- This provides a good seal and will allow simple disconnection
- This includes replacing the caps on the nasogastric tubes



You have been given this resource because your healthcare professional has chosen this product as a suitable treatment option for you.

Making Connections

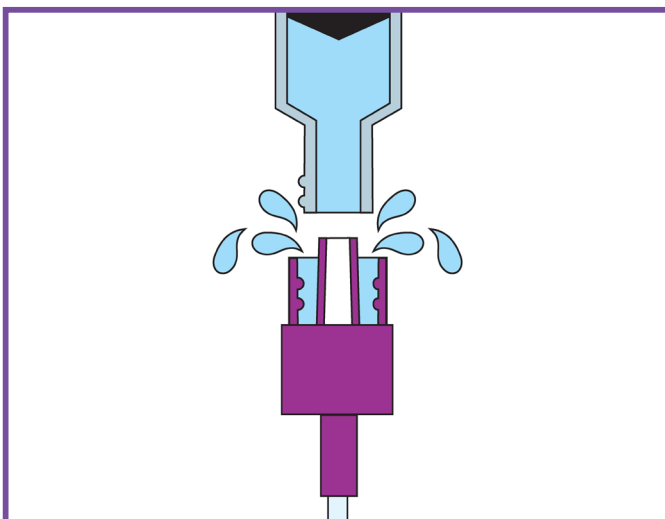


When making connections to ENFit, it is only necessary to tighten the connection by a 1/4 turn. This will provide a good seal and allow simple disconnection.

If you over-tighten the connection by more than 1/4 turn, you will find it very difficult to undo. This difficulty increases with the presence of feed or liquid medications left in the seal that can become very sticky and make disconnection increasingly strenuous. To prevent this from occurring, remember to only tighten the ENFit connection by 1/4 turn and to flush the seal of the Nasogastric tube with water from a syringe if milk, feed or liquid medications are left in the seal. This will ensure ease of use and uncomplicated connection and disconnection of the ENFit system.

Note: Please avoid the use of external tools to undo the connection as they may cause the cap to break or the tether to split.

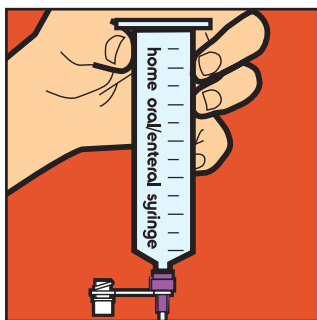
Flushing Connector Threads



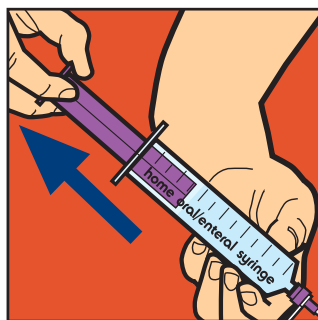
Following feeds or the delivery of medicines, it is good routine practice to flush the inside threads of the connector. This will prevent any disconnection problems.

Patient Guide for Using Your 7-Day (40 Uses) Reusable Syringes

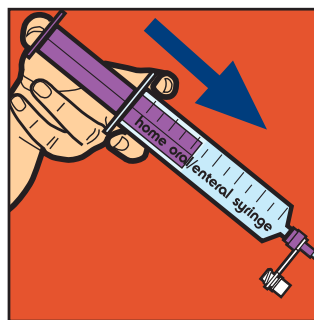
Uses



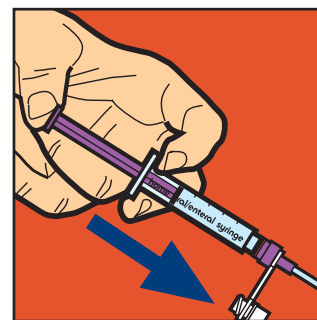
Feed



Aspirate

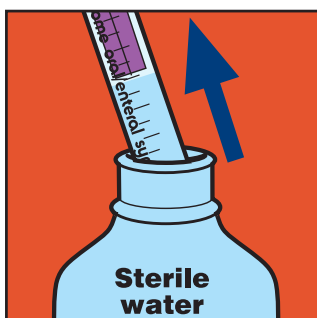


Flush

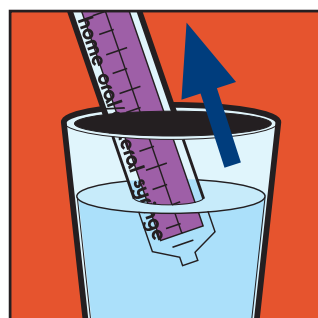


Medicines

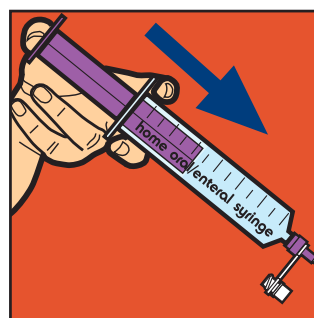
Draw up & flush



For patients under 1 year of age or are immuno-compromised, draw up sterile water

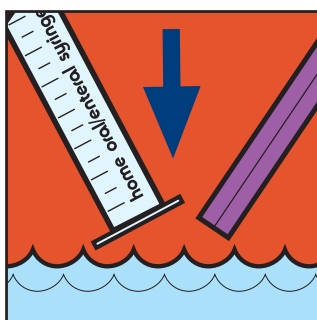


Draw up using tap water or cooled boiled water



Flush syringe and feeding device

Cleaning



Separate the syringe and plunger and clean both in warm, soapy water

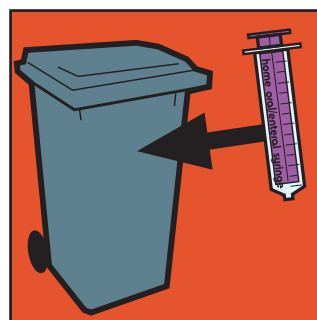


Separate syringe and rinse with cold tap water, dry with paper towel and store in dry container

Discard after 7 days



Discard after a maximum of 7 days or 40 uses



Dispose of in household rubbish

Medicina home (re-usable) enteral syringes are designed to be used with all of the enteral feeds and medications supplied by your healthcare professional. They can be cleaned and re-used up to 40 times over a 7 day period for the same patient. Do not attempt to re-use any other type of Medicina syringe – most others are not designed for re-use and are supplied sterile. Re-use of a sterile syringe may seriously compromise the patient's health especially if the patient is immuno-compromised or at high risk of infections.

Warnings

Your healthcare professional should ensure that you receive adequate training on how to administer enteral feeds/ medications and also on how to clean and maintain the syringe. Ensure that the home environment is acceptable for the re-use of enteral feeding equipment. Your healthcare professional should confirm feeds and medications are compatible with polypropylene syringes. Connect the syringe only as instructed and do not attempt to connect to any other component. Use only with feeds and medications prescribed to you to by a healthcare professional. If you do use any other fluids, discard the syringe and use a new one. Follow the cleaning instructions on this leaflet – Use warm water and washing-up liquid - do not use boiling water, a dishwasher or a steam steriliser to clean the syringe. Do not use any cleaning cloths, scouring pads or brushes etc. - the use of any other materials may damage the surface finish and affect the syringe performance. If you do, discard the syringe and use a new one. As with any other medications or feeds, avoid contact with any other fluids if they have not been prescribed.

Instructions for Use

Do not use the syringe if it appears damaged or if it has been dropped – discard and use a new one. Use only to administer fluids that you have been prescribed. Fill the syringe the way you have been educated – use the correct size syringe for the volume to be administered - fill and expel air to the correct volume as shown taking care not to fill the syringe nozzle. Hold the syringe so that your hand does not obscure the graduations when you are filling this will help with accuracy.

Cleaning Instructions

Clean the syringe immediately after use – failure to do so may result in the syringe becoming contaminated with dry feed or medication which may cause problems if mixed with fresh fluids.

Pull the plunger to the end of the barrel and gently manipulate the plunger from side to side while pulling gently – the plunger will come out of the barrel. Clean the barrel and the plunger in warm soapy water only – do not use any other cleaning fluids. Pay particular attention to the plunger seal and the nozzle of the barrel.

Rinse the barrel and the plunger in cold tap water, ensuring that all of the soapy water is rinsed away. If so instructed, you can place the syringe in cold sterilising solution. Please follow the manufacturer's instructions. Leave the syringes in the sterilising fluid for as short a time as allowable, usually 15 minutes. Longer immersion can severely reduce the life of the syringe by removing the markings or making it hard to use.

Place on clean fresh kitchen roll or paper towel to dry. Avoid touching the seal of the plunger or the inside surface of the barrel. To reassemble, inspect the barrel and plunger ensuring that there are no traces of feed or medicines – check that the inside of the barrel is free from scratches or abrasions and the surface of the seal is not damaged or distorted – it must lie flat and secure in the groove on the plunger. Then gently manipulate the plunger back into the barrel and push the plunger the length of the barrel until its face almost touches the other end of the barrel – Store the re-assembled syringe in a dry container ready for the next use. If the syringe cannot be cleaned effectively or is damaged, discard it and use a new one. The cleaning and rinse water can drain away as normal – there is no need for any special precautions.

Do not attempt to use the syringe if the markings are unclear or if it is stiff or difficult to operate. Clean the syringe prior to disposal and dispose of the syringe as household non-recyclable waste – do not place the syringe in a recycling container.

Always read the label and use only as directed. For more information, please contact your healthcare professional.