

Enprocal Repair is a nutritional supplement powder fortified with L-Arginine designed to support wound recovery. Developed from the nutrient-dense food supplement Enprocal, Repair provides an additional source of energy, protein and micronutrients known to be beneficial to wound healing.

# **Benefits**

- ✓ Fortified with L-Arginine (3.5g per sachet when added with skim milk) to provide nutritional support during wound healing.
- ✓ Provides energy and protein. Inadequate energy and protein are proven independent risk factors for pressure ulcer progression\*.
- ✓ Contains high levels of key micronutrients, including calcium, zinc, vitamins C, D, A, B1, B2, B12 and folate, low intakes of which have been associated with impaired wound healing.
- ✓ Improved taste profile.
- ✓ Gluten free.
- ✓ Nutrition support may be beneficial with chronic and slow to heal wounds i.e. pressure injuries, skin breakdown and ulcers (including diabetic ulcers).

# **L-Arginine**

L-Arginine is a non-essential amino acid which, in times of stress, can become conditionally essential. L-Arginine is a substrate for wound healing and supplemental L-Arginine has been suggested to aid the wound healing process.

\*Australian Wound Management Association (AWMA).

Clinical Practice Guidelines for the prediction and prevention of pressure ulcers. WA: Cambridge Publishing; 2001.



### **Nutrition Information**

Scan here for Nutrition Information when prepared with Skim Milk



## Servings per package: 14 Serving size: 17.5g

Nutrient	Unit	Average Quantity per serve	Average Quantity per 100g	% DI** or RDI^ per serve					
Macronutrient Profile									
Energy	kJ	279	1592	3%					
Protein	g	7.5	43	15%					
Gluten	mg	Not detected	Not detected						
Fat - Total	g	1.6	9.2	2%					
Fat - Saturated	g	0.5	3	2%					
Fat - Trans	g	less than 0.1	less than 1						
Fat - Polyunsaturated	g	less than 1	less than 1						
Fat - Monounsaturated	g	less than 1	4.9						
Carbohydrates, total	g	4.6	26.4	1%					
Carbohydrates - Sugars	g	4.2	24.2	5%					
Dietary Fibre	g	1.5	8.8	5%					
Sodium	mg	51	291						

# **Vitamin & Mineral Profile**

Vitamin A	μg	90	540	13%
Thiamin (B1)	mg	0.15	0.83	13%
Riboflavin (B2)	mg	0.28	1.58	16%
Niacin (B3)	mg	0.57	3.27	6%
Pantothenic acid (B5)	μg	200	1150	4%
Pyridoxine (B6)	mg	0.14	0.78	9%
Biotin (B7)	μg	2	10	7%
Folate (B9)	μg	31	170	15%
Cyanocobalamin (B12)	μg	0.32	1.85	16%
Vitamin C	mg	10	56.22	25%
Vitamin D	μg	2	8.85	16%
Vitamin E	mg	1.02	5.8	10%
Calcium	mg	160	911	20%
Iodine	μg	11	63	7%
Iron	mg	0.72	4.12	6%
Magnesium	mg	36	204	11%
Phosphorus	mg	360	2057	36%
Zinc	mg	1.6	9	13%
Potassium	mg	100	570	

#### Amino Acid Profile

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Arginine	mg	3100	17720				
Isoleucine	mg	267	1525				
Leucine	mg	451	2575				
Lysine	mg	386	2203				
Methionine	mg	95	541				
Phenylalanine	mg	166	951				
Threonine	mg	278	1587				
Tryptophan	mg	83	472				
Valine	mg	271	1550				

<sup>\*\*</sup>percentage daily intake are based on average adult diet of 8700kJ.

### Enprocal Repair is a product of



# **Ingredients**

L-Arginine peptides (L-Arginine, Hydrolysed **Whey** Protein Isolate), Instant Skim **Milk** Powder (Contains **Soy**), Whole **Milk** Powder, Vegetable Fibre (Inulin), Fructose, Vegetable Oil Powder (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate (**Milk**), Emulsifier (E471, E451(i)), Flow Aid (E551)), **Whey** Protein Concentrate (**Whey** Protein concentrate, **Soy** lecithin), Vitamin and Mineral Pre-Mix (Maltodextrin, Magnesium Sulphate, Vitamin C, Zinc Sulphate, Ferric Pyrophosphate, Vitamin E, Vitamin A, Vitamin D, Vitamin B3, Vitamin B2, Vitamin B1, Vitamin B6, Folic Acid), Calcium Carbonate, Sweeteners (E950, E955), Natural Flavour.

Contains: Milk and Soy



# **Preparation Instructions:**



Shake, whisk or blend one (1) sachet of Enprocal Repair with 150mL of skim milk and serve chilled.

Suggested maximum serves per day: 2

## **Storage Instructions**

Store in a cool, dry place away from odours and sunlight.

### Dosage:

Take 2 servings of Enprocal Repair per day for a minimum of 2-4 weeks or until the wound has healed. Servings may vary according to individual assessment by a qualified health care provider.

Enprocal Repair can also be easily mixed with water, juices or yoghurt.

Scan here for more recipe ideas!



#### **IMPORTANT**:

Enprocal Repair is a food for special medical purposes fortified with L-Arginine for the dietary support of wound management. For dietary management during wound healing. For adult use only. Use only under medical supervision. For oral consumption only. Not for parenteral use. Not suitable as a sole source of nutrition. Sachets not for individual sale. Contains dairy products and soy. Please seek advice from a wound specialist or medical doctor.

Your daily needs may be higher or lower depending on your energy needs.

<sup>^</sup>Recommended Dietary Intake.